



July 25, 2011

THE CHANNEL MARKER

Rotary Club of Pearl Harbor

Celebrating 61 Years of Service!

IN THE WAKE MEETING REPORT July 18, 2011

CALL TO ORDER

President Connie Kraus welcomed members and guests to the 2,815th meeting of the Rotary Club of Pearl Harbor where we look toward the future, keep our hearts in the present, and Reach Within to Embrace Humanity!

Kim Moore provided our inspiration today, inducted on April 20, 2009 and sponsored by **Ernie Anderson**.



Kim Moore

Jeff Sarver

Bill Bow

Leading us in the pledge of allegiance today was **Jeff Sarver**, inducted on August 9, 2010 and sponsored by **Ernie Anderson**.

Our song leader today was **Bill Bow**, inducted on October 13, 1998 and sponsored by **Jim Dolim**. **Bill** led us in God Bless America, one of our favorite songs.

RECOGNITION

Acting Sergeant-at-Arms **John Muhlbauer** recognized current D5000 leadership **Steve Dyer**, (District Alumni Committee Co-Chair), **Kim Moore** (RYLA Co-Coordinator Oahu) and **Harvey Gray** (District Newsletter). Guests of RCPH members: Capt. **Dell Epperson**, USN, (**Connie Kraus**). We welcomed Rotarians from within D5000: calabash member **Alan Lloyd** (Windward Oahu), **Goro Arakawa** (West Pearl Harbor), and **Roy Tanji** (Ala Moana), and Rotarians from



Captain Dell Epperson

Rotary International
www.rotary.org

President Kalyan Banerjee
District 5000

Governor Laurie Yoshida
Asst. Dist Governor Mel Kumasaka

Chartered June 14, 1950



Rotary Club of Pearl Harbor

Club Officers

President..... Connie G. Kraus
President-Elect..... Douglas S. Taylor
Vice President..... Lester M. Hunkele III
Secretary..... Debbie Deibler
Treasurer..... Stella Kimura
Past President..... Elouise P. Kaanaana
Sergeant-at-Arms..... Lori Williams

Directors

Club Service..... Jeffery J. Sarver
Service Projects..... Shirley Robinson
International Service... William H.Q. Bow
New Generations..... Kimberly B. Moore
Membership..... Ernest G. Anderson
Public Relations..... Raymond Noh

Interest Clubs Sponsored

Aiea High School
Farrington High School
Moanalua High School
Radford High School

Sister Clubs

Hiroshima Southeast, Japan
Tokyo Osaki, Japan
Avachinsky, Russia

Meeting Schedule

Mondays, 12:00 Noon
Oahu Country Club
150 Country Club Road

Channel Marker Published by
Harvey Gray

IN THE WAKE

outside D5000: **Allen and Sabrina Ostrofe** from Nevada County, CA and their guest **Dieter Thorow** from



Sabrina & Allen Ostrofe exchange Club Banners with President Connie

Healdsburg, CA. Guests Speakers: **Aileen Perriera, Richard Kiyabu, and Natalie Francisco.**

CELEBRATIONS

President **Connie** recognized celebrations: Inductions, **Take Ogawa**, July 23, 1956 sponsored by **Wally Higashi**; spouse birthdays, **Merilyn Gray**, 18 July and **Betty Mihlbauer**, 21 July.

ACKNOWLEDGEMENTS

“I Can” donators: **Ernie Anderson, Alice Clark, Bee Clark, Ellie Kaanaana, Connie Kraus, Gene Kraus, Alan Lloyd, Patrick Matsumoto, John Mihlbauer**

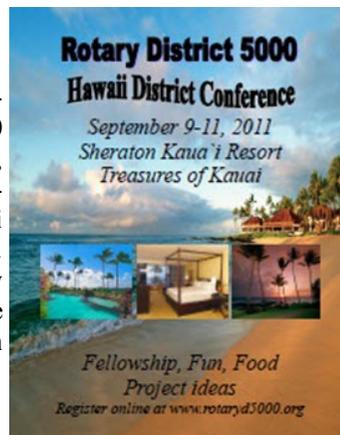
HAPPY BUCKS

Ernie Anderson, \$50 to Rotary Foundation to celebrate his return from New York, New Jersey, and Toronto Canada. He welcomed **Ellie Kaanaana** as the new Past President and **Connie Kraus** as the new President. **Ted Meeker**, \$100 to the Rotary Foundation in honor of the birth of his first grandchild, **Lilly Gretchen**. **John Mihlbauer**, \$21 in honor of his wife **Betty's** “21st” birthday. **Connie Kraus**, \$100 to the Rotary Foundation for getting through her first meeting as President. Guest **Sabrina Ostrofe**, \$20 to the club because she is happy to be in Hawaii.

ANNOUNCEMENTS

DG **Laurie Yoshida** will be the guest speaker on August 15th.

Remember to register for the D5000 Conference Sept. 9, 10, 11 at the beautiful **Sheraton Kauai Resort** in Poipu. Registration is only \$20. Sign up on-line at rotaryd5000.com and join the fun!!



PROGRAM

Past President **Bill Bow** introduced guest speaker **Aileen Perreira**. **Aileen** is retired from the Hospitality and Hotel Industry, a former caregiver, a graduate of BYU-Hawaii and a graduate of Hawaii Pacific University with a Master's degree in Human Resources. She now works with LifeVantage Corporation from Salt Lake City, Utah, in direct marketing of Protandim, a unique daily supplement that slows the process of aging.

She was suffering with severe excruciating sharp pain in her ankles, knees and hands for the past 20 years. I was taking on average 10 – 12 Extra Strength Tylenol a day, just to get by. I have tired everything from juices, shakes and pills, until I found Protandim. Today, I am off Tylenol, and my Blood Pressure, Asthma and my Sleep Apnea is under control.

The main points of the Protandim presentation were: (1) It is a food supplement, so not controlled by the FDA. (2) Hence



Richard Kiyabu, Aileen Perriera, Connie & Natalie Francisco

IN THE WAKE

there are no official claims for improving health or curing diseases. (3) Tests show that the "oxidative stress level" is dramatically reduced by using this product. (4) There appears to be a link between the "oxidative stress level" and both aging and about 200 diseases, including diabetes types 1 and 2, some cancers and re-growth of plaque around stents. (5) It acts about a million times more effectively than ordinary anti-oxidants in reducing free radicals. (6) Results of ongoing tests will be reported on pubmed.gov. (7) It is available only by direct sales via distributors. (8) Website is LifeVantage.com.

President **Connie** thank **Aileen**, **Natalie**, and **Richard** for their enlightening presentation and asked them to sign a book, "*Whose Slippers are Those*" by **Marilyn Kahalewai**. It will be given to Aiea Elementary School in their honor.

ADJOURNMENT

Ernie Anderson led us in the Four-Way-Test.

ROTARY NEWS

Rotarians from France, Côte d'Ivoire distribute bed nets to fight malaria

By Ryan Hyland
Rotary International
News -- 18 July 2011

A child carries two insecticide-treated bed nets during an anti-malaria Matching Grant project in Cote d'Ivoire. *Photo courtesy of John Kedzierski*

[Rotary International](#)
on Facebook

Thousands of mothers in western Côte d'Ivoire rushed out of their homes to receive insecticide-treated bed nets during an 11-day anti-malaria campaign initiated by French Rotarians near the town of Man in November.

The effort was part of a €56,300 (US\$79,500) Rotary Foundation Matching Grant project sponsored by the Rotary clubs of Garches-Marnes-Vaucresson, Hauts-de

-Seine, France, and San Pedro, Côte d'Ivoire.

John Kedzierski, project coordinator and a member of the Garches-Marnes-Vaucresson club, joined nine other volunteers in distributing 17,600 nets, which were treated to repel the mosquitoes that carry the parasitic disease. The project benefited more than 50,000 people.

"This region has been battered and torn by civil war and recent election violence. The health needs of the population are tremendous," says Kedzierski, noting the country's one-in-five mortality rate for children under age five. "Half of that is due to malaria. It's endemic in this region."

The volunteers drove through 38 villages, announcing the availability of free nets over a loud speaker, and provided them to pregnant women and mothers of children under five.

"Once we showed up, women ran out of their huts and through fields to get their mosquito nets. They were tremendously excited and grateful," says Kedzierski.

Club members also distributed nets to a pediatric ward, orphanage, and elementary boarding school.

The group partnered with Handicap Sans Frontières, a non-governmental organization that aims to address medical needs and provide employment opportunities to teenagers with disabilities in Côte d'Ivoire. The organization, well-known locally, provided free transport of the nets by helicopter. Members of the Rotary clubs of Daloa Centre-Ouest, Côte d'Ivoire, and Versailles, Yvelines, France, were part of the distribution team.

Because malaria is often misunderstood, says Kedzierski, "we also wanted to take advantage of the women's enthusiasm by educating them on malaria prevention." Club members hired a nurse, who taught the women how to use the nets.

In the months after the project, the nurse made follow-up visits to homes in each of the villages. The survey revealed that 341 out of 350 homes were properly using and maintaining the nets.

The project supported Rotary's [disease prevention and treatment area of focus](#).

"The rate at which children in Africa are dying because of malaria is unacceptable," says Kedzierski. "Rotary is the right organization to focus on the solutions."



ROTARY HISTORY



1932-33

Clinton P. Anderson
Rotary Club of Albuquerque,
New Mexico, USA

“The world must be prepared for the closer contacts into which the breaking of barriers has hurled us. There must be new appreciation for national points of view. There must be knowledge of customs and philosophies that differ from our own. There must be in all the will to understand.”

The Rotarian, January 1933



nite objective. And most of them, no doubt, are quite worthy. But may I call your attention to the fact that there is no other international organization such as Rotary, for it is the one great international organization which is non-political, non-sectarian, non-secret, and not for financial gain.”

1936 RI Convention



1933-34

John Nelson
Rotary Club of Montreal

“The development and exercise of the individual member in the sound faith of Rotary furnishes not only our greatest opportunity for service, but the best assurance that Rotary will endure.”

The Rotarian, July 1933

1934-35

Robert E. Lee Hill
Rotary Club of Columbia, Missouri, USA

“I have learned how essential it is to live a life of forgiveness, forbearance, fairness, and friendliness — that these four are absolute requisites to the solving of the day’s major problems.”

1935 RI Convention



1935-36

Ed. R. Johnson
Rotary Club of Roanoke, Virginia, USA

“There are many organizations of an international character, most of them formed for promoting a defi-

ON THE HORIZON Upcoming Meetings & Events

July

July 25: Lou Young, Academy of the Pacific

August

Aug 1: Bishop Museum, Speaker TBA

Aug 08: Shane Nesbitt, PhotoVoltaic systems

Aug 15: Board meeting with DG Laurie Yoshida

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Aug 22: Diane Cadinha, How Exercise & Diet can preserve your muscles

Aug 29: Kimo Carvalho, Hawaii Energy

THE 4-WAY TEST

Of the things we think, say or do

1. Is it the TRUTH?

‘Oia ’i’o i keia o’lelo

2. Is it FAIR to all concerned?

Kupono ia ka kou

3. Will it BUILD GOODWILL and

BETTER FRIENDSHIPS?

Kukulu lokomaika’i a me pilialoha maika’i a’e

4. Will it be BENEFICIAL to all concerned?

Pono ia ka kou